

FREE

/n....Informal... one's own way, choice, or preference: eg. 'If I had my druthers, we all would know the truth.'



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The Unprecedented Crisis of Our Children's Physical and Mental Health

By Kirsten Schruder

little over a year ago, many children's lives came to a crashing, confusing, halt. Everyday routines stopped. They were cut off from their friends, teachers, and for some, even from their extended families. Extracurricular activities like sports and music lessons

abruptly ended. New words were being thrown at them like "covid", "pandemic" and "isolate". A feeling of fear and concern was felt in the air of many households as parents whispered to each other trying to figure out what was happening, what to do, and how to "do" for those two weeks.

As we all know, those two weeks turned into months. For many months children went without seeing their friends, without going to playgrounds, without playing their favorite summer sports, without being able to just be a normal kid.

Finally, schools reopened in September. But it would not be a normal school year. Strict mandates were put in place, including controversial ones, where students must wear masks and social distance.

Children were already feeling the negative impacts of the lockdowns; depression and feelings of isolation were on the rise. (According to Kids Help Phone, 2020 saw a

51% increase of calls and texts from children as young as 5 to young adults.) And now they would be sent back to school where they were told to social distance from their

friends and wear a mask throughout the day. That mask guideline even went a further step after Christmas break where children are now required to wear masks outdoors.

A year into this, we can all agree with the science that Covid-19 has spared most children from any severe illness. According to the Center for Disease Control (CDC), the risk of children dying o Covid is an extremely low risk of



0.00195%. Another important factor from CDC published data is that the transmission of Covid-19 among children in schools and daycares is very rare. Yet, regardless of the

scientifically proven data, the debate around masking children continues.

According to doctors and child psychologists masking children has numerous negative impacts on both the physical and mental health of a child.

Some negative health impacts may arise from: the inhalation of nanoparticles that have been found on the surface of masks, mold and bacteria on dirty masks, or rebreathing of exhaled air.

A study was done on children with and without masks by Dr. Ross Hauser, Florida, using Transcranial Ultrasound Doppler examination. An important observation showed that, within seconds of a child putting on a mask,S there was an immediate dilation of blood vessels in the brain. That dilation indicates the brain is under stress.

Hauser stated, "When you have hyperemia, which is the dilation of blood vessels, the movement of the blood flow to the brain moves at twice the speed. This is caused by stress due to the mask blocking the body's ability to properly get rid of carbon dioxide. I also tested children when they exercised, while masked, and noticed the stress on the brain was far worse due to the higher accumulation of carbon dioxide. This has long term negative effects on children. Hyperemia causes anxiety. Overall, children who wear masks at long

intervals, it is going to cause harm."

The warning signs of stress include headaches, See, 'Children' p 8

675,000 Copies of Druthers Across Canada!

By Shawn Jason

ow, Canada, you are blowing my mind! I am Shawn Jason, creator of this paper and project and I just want to put a note in here to say THANK YOU!

More and more Canadians are rapidly beginning to recognize there is something terribly wrong with the onesided narrative that is being force-fed to us by mainstream media outlets and the few selected 'officials' they feature.

Druthers.net is young but it is already playing an important, even vital role in bringing alternative perspectives to the public so that people can make properly informed decisions for themselves and their families.

This paper is entirely donation & volunteer based and we would love to see you join us in whatever capacity you may be able.

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connect with you and hopefully find a way to receive your time, energy, skills & passion.

Shop on our website for official Druthers t-shirts and more at www.druthers.net/shop. All purchases made on our website are greatly appreciated as they help fund the operations & continued growth of this project.

Before I go I would like to ask ... did mainstream media tell you about the lockdown protests that have been erupt-

ing in cities all over Canada? No. Why not? Could it be because they don't want Canadians taking an interest in questioning the narrative? I think so. And I think it is imperative that we question things more deeply, especially when not questioning things means further destruction of life as we know it and even deeper harms being inflicted on our loved ones.

I don't ask you to believe anything I say. I simply ask you to stop blindly believing the official story and start asking the hard hitting questions of our so called 'leaders' and elected 'officials'. For the future of all Canadians, nothing matters more right now than stopping this horrendous agenda from moving forward any further. It's time we all stand up together and stop this insanity. And it's time we get behind honest news & information providers such as Druthers.net, because mainstream media sucks!

It started with the first issue in December 2020 and 25,000 copies were freely distributed around Ontario with the help of a few friends. Now, the issue you are reading is our 5th monthly issue and we printed 300,000 copies. That's 675,000 Druthers papers total in just 5 months! Wow. These are being freely distributed coast to coast all across Canada by 100's of passionate Druthers readers.

It is truly incredible! This paper has quickly become so much more than just a newspaper. Druthers is helping anchor a rapidly growing movement of Canadians who have become fed up with the lies and who are no longer accepting these nonsensical 'rules' which are causing tremendous harm to ALL Canadians and future generations too.

And I say, GOOD!! Get up! Speak up! It's time we collectively say "ENOUGH IS ENOUGH" and take back control of our future from the hands of those who clearly care more about their own power and wealth than they do for humanity.

Subscribe to have Druthers delivered right to your door each month by visiting www.druthers.net/subscribe and be sure to never miss an issue. You can even have entire bundles delivered to you if you would like to give them out in your area.

Volunteer to help Druthers grow bigger, faster. We invite you to send an email to info@druthers.net and let us know how you are able to help. One of our volunteers will

I love you all. Thank you for taking the time to read this and for all your love & support.

Shawn Jason is the creator of Druthers.net

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Position Paper: Vaccine Immunity Passports

By Ted Kuntz,

ny action that would require Canadians to produce a 'Vaccine Immunity Passport' or similar documentation to pursue life, liberty and happiness is unconstitutional and a deeply disturbing violation of our Canadian Charter of rights and freedoms.

No Medical Justification

Just as the various governments in Canada have failed to provide verifiable medical and scientific evidence to warrant the unprecedented lockdowns and other measures

instated in response to the purported COVID pandemic, any requirement to produce documentation of COVID vaccine compliance is unjustified and without medical or scientific merit.

The justification to impose a system of control based on partaking in a medical treatment is that those who have received the product are assumed to be rendered immune from infection and therefore will not contribute to the spread of disease. At this time the scientific evidence does not support such belief. The British Medical Journal (BMJ) writes: "None of the trials currently under way are designed to detect a reduction in any serious outcome such as hospital admissions, use of intensive care, or deaths. Nor are the vaccines being studied to determine whether they can interrupt transmission of the virus." The BMJ article quoted Tal Zaks, chief medical officer at Moderna, stating "Our trial will not demonstrate prevention of transmission."

It should be noted that a system of COVID vaccination documentation to access travel is not supported by the World Health Organization. The WHO's position, as stated on March 8, 2021, is that national authorities should not impose proof of COVID-19 vaccination as a condition for international travel. This is because the efficacy of vaccines in preventing transmission is not yet known. Nor is the length of effectiveness of the numerous COVID vaccines currently available under emergency use authorization.

The WHO also acknowledges that "there are real, practical and ethical considerations" with vaccine certification including "inequity and unfairness." Dr Mike Ryan with

What are <u>your rights</u> as an employee during COVID times?

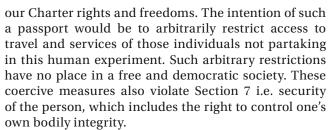
Find out! Watch this video featuring lawyer, Rocco Galati, founder of the Constitutional Rights Centre. www.bit.ly/EmployeeRightsCV



the WHO states - "This is a very important societal discussion and I think we need to be very careful."

COVID Shots Do Not Function as a Vaccine

It is misrepresentation to call these medical products 'vaccines'. COVID shots do not function in the manner of traditional vaccine products. These shots are more accurately described as 'medical devices' in that they function through the injection of synthetic genetic technology. The long-term safety and efficacy consequences of injecting this never-before-used genetic technology is unknown. Canadians receiving COVID vaccinations are participating in human experimentation and truly



Those advocating for vaccine compliance passports are complicit in supporting coercive measures to compel vaccination upon unwilling and vaccine risk aware citizens. This is a violation of the most basic founda-



informed consent is not possible.

The claimed benefit of the COVID shot is a reduction in the severity of symptoms in the individual if infection occurs. There is no verified evidence that these shots contribute to the protection of the community or population immunity. The failure to contribute to community benefit renders invalid any argument that the COVID shot ought to be mandated for 'the greater good'.

Of greater concern is that these rushed-to-market coronavirus vaccine products have not completed formal safety testing protocols. The results of Phase III safety trials will not be reported until 2022/23 (Moderna 2022, Pfizer 2023). To compel the utilization of a product that is classified as 'experimental' is not only immoral, it may well be criminal. The fact that COVID -19 shot manufacturers have demanded and been granted legal indemnity for any harm or injuries caused by their products is a strong indicator of their potential to cause harm.

Violation of Rights and Freedoms

The most significant consequence of a system of coercion to promote vaccine compliance is the violation of Ted Kuntz is the President at VaccineChoiceCanada.com

tions of ethical medicine. It is untenable that anyone would seek to replace the right of informed consent by eliminating individual choice and replacing it with an obligation to vaccinate under

duress of exclusion from participating fully in society. The right to informed consent is legally guaranteed under provincial legislation and is acknowledged in international covenants such as the Universal Declarations of Bioethics and Human Rights, and the Nuremberg Code drafted in response to the medical abuses of

the Nazi regime. The Universal Declaration of Bioethics and Human Rights describes consent as follows: "Any preventive, diagnostic and therapeutic medical intervention is only to be carried out with the prior, free and informed consent of the person concerned, based on adequate information. The consent should, where appropriate, be expressed and may be withdrawn by the person concerned at any time and for any reason

without disadvantage or prejudice." The Nuremberg Code describes informed voluntary

consent as "the person involved... should be able to exercise free power of choice, without the intervention of any element of force, fraud, deceit, duress, overreaching, or other ulterior form of constraint or coercion."

Conclusion

COVID vaccine compliance passports are a coercive and unconscionable violation of the rights and freedoms of Canadians. Vaccine passports clearly function as a mechanism of coercion rather than as a measure of health. There is absolutely no justification that could possibly legitimize this violation of our rights and freedoms.

Vaccine Choice Canada will leverage all of its resources to prevent this violation of individual rights, medical choice and bodily sovereignty, as well as the creation of system that can be justifiably labelled a medical apartheid.

End The Lockdowns Caucus Formed By Representatives From Across Canada

This notice was originally released on Feb. 2, 2021 with 5 elected representatives as members and has already grown to over 50 members as of Mar. 27, 2021. You can learn more about this initiative at LibertyCoalitionCanada.com

COVID-19 government response. After careful examination and scrutiny of mitigation measures undertaken by all levels of government, it is now evident that the lockdowns cause more harm than the virus and must be brought to an end. We devote our energy and efforts to the just and compassionate objective of reopening our businesses, schools, places of worship, recreational facilities, along with the full resumption and expansion of efficient medical services. We desire to restore dignity and respect for all Canadians by safeguarding our representative democracy and its institutions, defending our Constitution, personal freedoms and responsibilities, whilst implementing focused protection for the most vulnerable.

VaccineChoiceCanada.com/Join

Children are harmed by lockdowns

END THE LOCKDOWNS.

CANADA /accineChoiceCanada.com/Join

VACCINE

'n response to the unprecedented mass violations of Canadian's Charter Rights from government across the country in response to the COVID19 pandemic, a group of current and former elected representatives have come together to form the End the Lockdowns National Caucus.

The caucus is a non-partisan group seeking to provide formal challenges to current COVID19 policies with a specific emphasis on ending governments use of province-wide lockdowns and stay-at-home orders.

All members of the caucus which includes Randy Hillier - MPP, Maxime Bernier - PPC Party Leader, Derek Sloan - MP, Daryl Herlick - Perth East Councillor, and Steve VanLeeuwen - Centre Wellington Councillor, signed the following statement as a means of establishing the caucus. The statement reads as follows:

"We are current and former elected representatives from municipal, provincial, and federal levels of government across Canada, unified in pursuit of the truth, and resolved to ensure there is open, honest, and public debate regarding the

We hereby voluntarily sign this agreement on the 2nd day of February, 2021."

The caucus is open to all members, at any level, of representative government and others are encouraged to contact the caucus for more information.

Liberty Coalition Canada has developed into a national network of clergymen, elected officials, small business owners, legal experts, and other concerned citizens. We are pleased to host and support the End the Lockdowns Caucus on our media platforms.

ER Sees Surge of Seniors After COVID-19 Vaccination, Says Nurse Whistleblower

John C. A. Manley

The following is the second in a series of interviews with a nurse who works in a hospital on the outskirts of Toronto, Ontario. She has provided sufficient evidence, and links to public records, to satisfy me that she is indeed a nurse working for over a decade in multiple Canadian hospitals, serving both in the emergency room and intensive care unit. To protect her identity, position and family, details about her and her place of work have been changed or omitted, without altering her message.

Life-Threatening Reactions After COVID-19 Vaccination

JOHN: Are you being forced to take the COVID-19 vaccine?

NURSE ANDREA: I've not been forced to take it (yet). The pressure is more social, rather than a legal or occupational requirement, at this time. Most people seem to get vaxed because they want to socially signal that they "believe in science."

The politically-induced vaccine supply restriction in Canada, that is making most people upset, is actually to my advantage. Everyone keeps asking, "Andrea, did you get the vaccine?" My standard reply is something like, "No, I already had my tubes tied; I don't need any more medically induced infertility," or I say, "No, I'm just exploiting everyone else's enthusiasm for self-imposed medical experimentation."

JOHN: How have the other staff members responded to their first injection of the COVID-19 vaccine?

NURSE ANDREA: I was just talking to a colleague who has no history of passing out easily, but she completely lost consciousness after getting the vaccine. In medical terms, this is called a syncope. Anecdotally, she was told at the vax clinic (off the record) that about one in ten people were experiencing syncope after injection. It seems to happen randomly.

My colleague said she witnessed someone pass out as they were walking to the exit! This is extremely dangerous because even if the syncope is benign, all it takes is a bump to the head on the way down resulting in severe injury or death. Imagine: a healthy young person with almost zero chance of dying from COVID, driven by media and social pressure to "believe in science," getting jabbed with fake immune stimulation and dying. Seems kinda evil to me.

Vaccinated Patients Filing into Otherwise Underused ERs

JOHN: Have you seen any adverse reactions among patients?

NURSE ANDREA: A patient came to the emergency department with severe lightheadedness and an episode of chest pain. They had a hard time standing. I was taking their history and they told me they had recently taken the corona vax.

Of course, there are other possible causes for symptoms, such as mild heart attack or recent dietary change involving severe caloric restriction. But how do we really know if the vax didn't precipitate, or act as one (among the confluence of factors) that led to hospital admission? ascribe direct causation by the vax for their presentation. It could be a urinary infection or bacterial pneumonia, for example.

But what I find shocking is how, for instance, my recent patient had "COVID" back in January (and survived despite being extremely elderly with severe heart, lung, and kidney conditions). According to the CDC, immunity for COVID is supposed to last 90 days after infection, yet my patient got vaccinated anyway, well within the window of immunity. One of my colleagues said, "Are they literally trying to kill this patient!?" And Despite the evidence of danger with these drugs, many doctors routinely prescribe them and many nurs es unquestioningly administer them because they appear to work, at least in the short run.

Consider the following highly realistic scenario: a delirious elderly patient constantly wanders the hallway without a mask while touching public surfaces, which generates extra concern from staff, especially during a "pandemic" when everyone is supposed to remain distanced and surfaces remain sanitized. In response, we give the patient a drug to "settle them

down." So they sleep for a night, and the next day the nurse gives a report and says, "The patient slept well and didn't wander after I gave the pill to help them sleep." This gets reported to the doctor who is pleased that the patient stayed in bed and didn't wander around disrupting other patients, causing an infection control concern, or creating an inconvenience for the staff.

Consequently, the patient continues to get drugged every night. Then, after a few days, the delirium is worse and the patient starts their usual wandering. However, now they are loaded up with sedatives and can't keep their balance. The cascade of nightly drugging results in a fall, leading to severe maiming and/ or death.

JOHN: It sounds like this aspect of "new normal" – using unproven methods to seemingly deal with a problem – isn't all that new.

NURSE ANDREA: The lesson here is that much of what we are doing right

now in response to COVID (such as constant mask enforcement, vaccinating the elderly with limited physiologic reserves to handle the side-effects, and keeping them isolated and locked up in rooms "for their own safety") is all part of the same myopic mindset that has always plagued medicine and the healthcare system broadly.

JOHN: It's strange how medicine will look back and laugh at practices like blood letting, yet continue with equally unscientific and harmful practices.

NURSE ANDREA: I believe that when we look back on all this intervention for COVID – both pharmaceutical and not – we will be ashamed of what we have done. Just as countless patients in the past have been defacto murdered with tranquilizers, we are murdering people today with interventions aimed at controlling or curing COVID.

JOHN: Thank you for speaking out.

John C. A. Manley has spent over a decade ghostwriting for medical doctors, naturopaths and chiropractors. Since March 2020, he has been writing articles that question and expose the contradictions in the COVID-19 narrative and control measures. He is also completing a novel, Much Ado About Corona: A Dystopian Love Story. You can visit his website at MuchAdoAboutCorona.ca.



Artwork by Ben Garrison of www.grrrgraphics.com

yet, the doctor in emergency says, "I think it's COVID". Doesn't Occam's razor apply if the patient is within the window of immunity from COVID, just got vaxed yesterday, and is here today with a severe immune response requiring hospitalization?

JOHN: What exactly are the symptoms you are seeing in these elderly people after receiving the COVID-19 vaccination?

NURSE ANDREA: Fever, extreme chills, tremors, headache, weakness, lightheadedness, and shortness of breath are symptoms that stand out to me. Nothing too specific which makes it hard to differentiate right away whether it's from the vax, some other underlying problem, or combination of both, especially when patients are just walking in off the street or offloading from an ambulance stretcher.

Hospitals Long Track Record of Administering Dangerous and Ineffective Pharmaceuticals

JOHN: Are the doctors truly overlooking the correlation or are they simply not saying anything? **NURSE ANDREA:** I think we clinicians in general are heavily biased toward belief in the efficacy of our interventions. For example, in hospitals, there are many routine prescriptions, such as sedatives and antacids that have zero evidence of benefit. Sleeping pills, sedatives, and antipsychotic medication are actually quite dangerous.



The history of medicine is replete with entrenched fantasies about cause and effect – especially when the government, pharmaceutical, and agricultural big players are involved.

Vaccine Reactions Not Being Recorded Properly

JOHN: Did the doctor record her condition as a possible vaccine reaction?

NURSE ANDREA: The doctor immediately dismissed the idea that the corona vax could have played any role in the patient's symptoms. It got me thinking, how much data about possible reactions to the vax are simply not being collected because of the bias of the clinician to ignore them?

JOHN: How many of these patients, following a COVID-19 injection, are elderly?

NURSE ANDREA: We're seeing a surge of patients come to the hospital from the nursing homes after getting vaxed. These poor folks, in their 80's and 90's with chronic heart and lung disease, can't handle the metabolic stimulation caused by the COVID vax.

I have to be intellectually honest and say I can't

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Finding Meaning Under a Meaningless System

By Caitlin Johnstone

ow many of people's mental health diagnoses are really just them struggling to function in a capitalist system that is amoral, destructive, overwhelming, overbearing, unsatisfying, and bereft of meaning?

It's surely one of the most under-examined questions

in the field of modern psychology. People in general and researchers in particular all too rarely think to take a step back from the data they are looking at and consider the largescale framework within which that data is materializing, and to consider whether there's anything about that particular framework which is giving rise to the particular data sets they are seeing.

How many of the mental health diagnoses given out are really just people not coping well under capitalism? It's worth looking into. How many people end up consulting with mental health professionals because they find themselves psychologically unable to keep up with the frenetic corporate pace that's demanded of them in order to "earn a living"? Or earlier on as children because they are unable to successfully navigate the capitalism boot camp known as school? How many people are given diagnoses, and corresponding bottles of pills, simply because they can't march to the beat of the capitalist drum?

Beyond that, how many people

are pushed into mental illness by the madness of our current system? How many people suffer from very real depression or anxiety arising from the pressure to keep churning out pieces of future landfill in meaningless jobs which serve no purpose other than to turn millionaires into billionaires? How many people simply collapse under the weight of financial insecurity, food insecurity, housing insecurity, employment and insurance insecurity, combined with the effects of desperate attempts to self-medicate the stress?

How many of these stressors are exacerbated by being psychologically pummelled with mass media propaganda day in and day out, artificially twisting your mind into the belief that this is all normal, and that if you can't keep up, you're the problem? Telling you that it's fine and normal for there to be billionaires and empty investment properties while you struggle to keep a roof over your head? Telling you it's fine and normal for wealth and resources to go toward murdering strangers overseas while you're forced to choose between medicine and groceries?

Municipal Tax Time: Call-to-Action

By StandUpCanada.Solutions

The are sharing a fantastic suggestion. It's munic-ipal tax time! Write to your city councilor and **V** mayor to demand compensation for drastically reduced municipal services since March 2020. Below is an example of an email which has been sent out. Adjust your letter as you see fit, and make sure to include the services which were reduced or stopped. Making it personal is always effective - the actual naming of something you weren't 'allowed' to do without the threat of a fine, even something simple like walking in a park. Email addresses for councilors are easily found with a google search.

And by the capitalism propaganda known as advertising? How is our psychological health affected by a nonstop barrage of corporate messaging informing us that we are deficient, and that there are things we lack which we must obtain in order to become whole? That we're not beautiful enough, not skinny enough, not fashionable enough, not affluent enough, that we don't own enough of the top-line items which only the well-off can afford?

I'd venture to say this all has a major impact on our

whatever remaining time and energy you have left, throw sand in the gears of the machine. Do whatever you can to upset the status quo. Engage in activism. Join a union. Start a union. Start a podcast. Start a Twitter account. Above all, work to spread awareness of what's really going on in our world, because that's the weakest point in the machine's armor right now.

The loose transnational alliance of plutocrats and government agencies which comprises our real govern-

ment works so hard to manufacture consent because they require the consent of the governed in order to rule; we greatly outnumber them and we can oust their rule if enough of us decide we don't consent to it anymore. In a western society which must try to at least appear to support free speech, the best front on which to attack such a power structure is on the front of information.

They can't kill and imprison us all, so if we all awaken to how oppressed we are and to who has been oppressing us, we can use the power of our numbers to kick them out and replace them with a healthier model. The job of the propagandists is to prevent this from happening. The job of you and me is to make it happen.

So help wake people up to the injustices of our system, as many people as you can by whatever means you have access to. Wake them up to the abuses of capitalism. To the abuses of imperialism. To the abuses of mass media propaganda. Learn as much as you can about the

madness of our current system, and share what you have learned with as many people as possible.

All positive changes in human behavior arise from an increasing awareness of the underlying dynamics which give rise to them, whether you're talking about the psychological dynamics underlying the addictive or compulsive behaviors of an individual or the power dynamics underlying the murderous and oppressive behaviors of a globe-spanning empire. If you are looking for meaning, vou will find it in the spreading of that awareness.

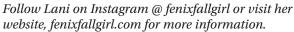
We absolutely do have the ability to move away from this misery-generating competition-based model that is choking us all to death and replace it with one in which we collaborate with each other and with our ecosystem toward health, beauty, truth, and thriving. If there is meaning to be found in our world, it lies in that direction.

Originally published @ CaitlinJohnstone.com



By Lani Gelera

s a Courage Coach, I set out to teach people to be brave during the greatest fear-mongering global L Dandemic hoax in history. The best way I know how to teach others how to be brave is by showing them examples of people across the country who are courageously standing up for their health, freedom, and rights in the face of a corrupt tyrannical government, medical







How best to avoid drowning in the tar pit of a soulless, nihilistic political and economic paradigm? How to find meaning under a meaningless system which squeezes your psychological wellbeing in order to power its batteries? Well, that question is much easier to answer. You find meaning under a meaningless system by working to

minds. You can have anxiety without being poor, but you

can't be poor without having anxiety. Our competition-

based model uses the stress of potential homelessness

and death to keep all the slaves turning the gears of the

machine, and that stress is now interwoven into the very

fabric of our society. It's so pervasive you have to take a

So how best to respond to this depressing situation?

step back just to see it all.

destroy that system. Do whatever you need to survive, up to and including taking psychiatric medications if you need to, and with

"(Name of Councilor or Mayor),

I will be paying the interim tax bill today. But before paying the final bill, which will arrive in June, I would like to know how (name of your City) citizens will be compensated, tax-wise, for the great lessening of some services, and stopping of others, which have occurred since March 2020. I will be expecting some kind of rebate from the final tax bill regarding: schools, recreation, parks, libraries, services for the disabled, hospitals, courts, festivals – just to name a few."

Guess what? A response was received back by the municipality indicating "a more fulsome response shortly".

fraud, and attempted genocide.

Volume 1 is called The Brave: Courage during COVID in Canada. It is a collection of true stories from the perspective of everyday Canadians who have become Freedom Fighters, Truth Seekers and Justice Warriors taking courageous action putting their careers, relationships, and income on the line to fight for what they know is morally right! These stories are meant to inspire, encourage and empower a nation to defend the right to free travel, free speech and freedom of choice when it comes to mandated masks or vaccines.

Volume 2 of the series is called The Brave: Speaking Truth to Power. This volume of 20 authors will be all about real news and media that has risen to counter the mind control fake mainstream media false narrative. Druthers very own founder, Shawn Jason will have a chapter in this book to share his story about speaking truth to power.

When you don't know how to take courageous action and stand up for your beliefs and values in life... align yourself with the warriors that are doing something. When you hear their story, the conversation becomes very different. Be brave, be bold, do something

One Of The Lockdowns' Greatest Casualties Could Be Science

Politicians, journalists, and scientists have transferred the disease burden onto the working class. They've also dangerously undermined scientific inquiry.

By Martin Kulldorff and Jay Bhattacharya

The COVID-19 pandemic and lockdowns have not only been devastating for society, they have had a chilling effect on the scientific community. For science to thrive, opposing ideas must be openly and vigorously discussed, supported, or countered based on scientific merit.

Instead, some politicians, journalists, and (alas) scientists have engaged in vicious slander of dissident scientists, spreading damaging conspiracy theories, even with open calls for censorship in place of debate. In many cases, eminent scientific voices have been effectively silenced, often with gutter tactics. People who oppose lockdowns have been accused of having blood on their hands, their university positions threatened, with many of our colleagues choosing to stay quiet rather than face the mob.

We tell the story here of four prominent scientists who have faced the modern-day inquisition.

Dr. John Ioannidis

Dr. John Ioannidis is a world-famous scientist who from the beginning of the epidemic called for better scientific information to decide COVID policy. His work, published in the *"Bulletin of the World Health Organization,"* has helped establish how deadly the virus actually is – an order of magnitude lower than the conventional narrative implies. For his work, *BuzzFeed News* falsely accused him of political bias and financial conflicts of interest.

In two articles published in *Scientific American*, two esteemed medical journalists presented evidence against the false charges Ioannidis faced, while lamenting the slander of scientists as a substitute for scientific debate. Shockingly, these journalists were then attacked. The publisher caved and published extensive trivial "corrections" to their story, none of which contradicted their reporting.

One objection cited the journalists for a conflict of interest because they cited an article by a different scientist without declaring that they had previously collaborated with him. Springer Nature owns *Scientific American*. If this is a conflict of interest that must be declared, Springer should issue similar "corrections" for most of the millions of scientific articles they have published.

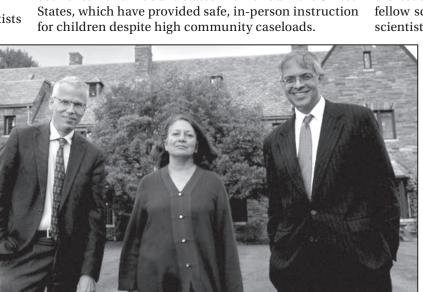
Dr. Sunetra Gupta

Oxford University professor Sunetra Gupta, who is one of the world's preeminent infectious disease epidemiologists, has been the subject of vicious attacks by politicians and media pundits with a fraction of her knowledge and wisdom. Gupta has argued throughout the epidemic for protecting the vulnerable while allowing the disease to be managed in the rest of society with limited restrictions and minimal harm.

The basis for her ideas is her deep understanding of the science of epidemics, viral spread, and disease risk. Her sensible ideas, so contrary to the lockdown policies, have been mischaracterized and attacked by the U.K. government health minister, Matt Hancock, on the Heneghan has been attacked by U.K. government officials for his discovery that the U.K. government's official COVID statistics had serious errors. Among the errors he discovered include items like bus accident fatalities labeled COVID deaths and people counted as dying from COVID months after their recovery from the infection. No doubt Heneghan's willingness to tell inconvenient truths contra government scientists explains the hostility he has received.

Dr. Jonas Ludvigsson

Dr. Jonas Ludvigsson, professor of epidemiology at the prestigious Karolinska Institute in Sweden, published a ground-breaking study in the New England Journal of Medicine making it clear that it is safe to keep schools open during the pandemic, for children and teachers alike. This work has informed the policy of countries worldwide and states like Florida in the United States, which have provided safe, in-person instruction for children despite high community caseloads.



Dr. Kulldorff (left) and Dr. Bhattacharya (right) co-authored "The Great Barrington Declaration" along with Dr. Suneta Gupta (center).

For this, Ludvigsson received abuse from both Swedish and international scientists and journalists, to the point he is refocusing his scientific work away from COVID-19.

We Know Lockdowns Don't Help, But They Continue

What these scientists have in common is that they have been proved right. With so many COVID-19 deaths, it should now be obvious to everyone that lockdown strategies have failed to protect the old.

While anyone can get infected, there is more than a thousand-fold difference in the risk of death between the old and the young. The failure to properly exploit this fact about the virus has led to many unnecessary deaths and the biggest public health fiasco in history.

Lockdowns have generated enormous collateral damage across all ages. Depriving children of face-toface teaching has hurt not only their education but also their physical and mental health. Other public health consequences include missed cancer screenings and treatments, worse cardiovascular disease outcomes, and deteriorating mental health, to name a few. Much of this damage will unfold over time, something we must live and die with for many years to come.

Making the Poor Suffer for Their Egos

While disastrous at the population level, lockdowns have effectively protected young, low-risk, affluent professionals who can work from home, such as politicians, journalists, and scientists. They transferred the disease burden onto older, higher-risk members of the working class, who have kept society afloat.

Any scientist active on Twiter, Facebook, and other social media must deal with some unpleasant anonymous trolls, but that goes with the territory and is not the issue. It is the attacks by politicians, journalists, and fellow scientists that send a chilling message to other scientists and journalists to watch their words and self-

censor.

This, in turn, damages the public trust in science and public health. Instead, the field has been left to scientists who agree with the herd thinking generated by the media. Missing from the policy conversation is a broader set of scientists who understand there is more to public health than just infection control and that lockdowns can harm public health more than they help.

What Can We Do Now?

How do we climb back from this toxic and damaging scientific environment? How do we ensure that science moves forward through the open discussion of multiple ideas and perspectives? How can we return to an academic climate that encourages scientific discourse and academic freedom? Given the damage done by misguided pandemic policies, how can we restore the public's trust in public health?

The responsibility for this rests on everyone in the scientific community, but espe-

cially on scientific leaders such as university presidents, provosts, and deans, scientific journal publishers and editors, and the directors of major scientific funding agencies such as the National Institutes of Health, the National Institute of Allergy and Infectious Diseases, and the CDC. These leaders need to defend and encourage open scientific debate with multiple perspectives.

On the science, vigorous and hard scientific debate should be encouraged, but smearing, slander, politicization, and conspiracy theories that insinuate guilt by association must be combatted and never tolerated. The future of science and society depends on it. If we fail, the 300-year Age of Enlightenment will come to an end.

Martin Kulldorff, Ph.D., is a professor of medicine at Harvard University. Jay Bhattacharya, MD, Ph.D., is a professor of medicine at Stanford University.

The World Health Organization (WHO) Rewrites Medical Ethics To Justify Severe Social Control

floor of Parliament. Member of Parliament Neil O'Brien accused her of telling "tall tales." Mainstream journalists in the United Kingdom have called her expertise "spurious" and accused her of making "misleading claims" akin to conspiracy theories.

Although her detractors conveniently forget, Gupta has repeatedly argued for better protection of the elderly, with specific suggestions that could have saved many lives. In early October, Gupta and we authored the *Great Barrington Declaration*, hoping to avoid a repeat of the spring lockdown disaster. Most governments duly ignored her and the other signatories, and we failed to protect the vulnerable once again.

Dr. Carl Heneghan

Another epidemiologist, Professor Carl Heneghan, who leads the Centre for Evidence-Based Medicine at the University of Oxford, has been the subject of similar abuse. Although he has spent his entire career evaluating and interpreting scientific evidence for scientists and the public, overwrought critics have called his writings "anti-science" for daring to point out that the only published randomized study on the efficacy of face masks calls into question their effectiveness against COVID-19 infection.

Valery Goltsman

T twent largely unnoticed when The World Health Organization (WHO) changed some of its fundamental definitions about herd immunity and medical ethics. Yet their new rules give an insight why at times it feels like living in the movie *Idiocracy* (2006), surrounded by all the farcical formalism that defies logic and common sense that once seemed absolute.

We are witnessing the rise of the new health collectivism and social responsibility doctrine that is being made up virtually on the fly, as we are getting bombed with dogmas like "take a vaccine to protect the others" or "stay apart and wear a mask to save lives". Nobody has ever addressed virus outbreaks this way, so why now?

In November 2020, the WHO changed their definition of herd immunity from: *"When a population is immune either through vaccination or immunity developed through previous infection" to "a concept used for vaccination in which a population can be protect-* ed from a certain virus if a threshold of vaccination is reached. In December 2020, they added: WHO supports achieving 'herd immunity' through vaccination, not by allowing a disease to spread through any segment of the population, as this would result in unnecessary cases and deaths.

Herd immunity against COVID-19 should be achieved by protecting people through vaccination, not by exposing them to the pathogen that causes the disease."

It is interesting how The WHO uses the words "protect" and "expose" in respect to humans as if humans are owned and controlled by them. Then it gets even more interesting when the WHO redefines the ethics:

"Attempts to reach 'herd immunity' through exposing people to a virus are scientifically problematic and unethical. Letting COVID-19 spread through populations, of any age or health status will lead to unnecessary infections, suffering and death." See, 'Ethics' p.9

The Power of Propaganda

By Megan Kuntz

"Propaganda works best when those who are being manipulated are confident they are acting on their own free will." - Joseph Goebbels (Reich Minister of Propaganda in Nazi Germany from 1933-1945).

hrough the power of propaganda the true face of Nazi tyranny wasn't the face of Hitler alone, but also the faces of regular civilians - well-meaning moms and dads, aunts and uncles - who were manipulated by the media to the point that they genuinely believed the "Reich thing to do" was, indeed, the right thing to do.

In 1935 concerned citizens Kirtley Mather, Edward A. Filene, and Clyde R. Miller, recognized the threat that propaganda posed to social behavior and critical thinking and formed the Institute for Propaganda Analysis (1935-1942, USA). Composed of social scientists, opinion leaders, historians, educators, and journalists, the IPA set out "To teach people how to think rather than what to think.", educating the public on the techniques the media was using to sway public opinion and manipulate the masses:

Bandwagon, Card Stacking, Testimonials, Name Calling, Plain Folk, Glittering **Generalities**, Transfer

Since the time of WWII, propaganda studies have advanced, and propaganda techniques have evolved, but those 7 basic principles of propaganda are still being used today in marketing schemes, political campaigns, and public health crusades.

Not for the purpose of comparing the COVID-19 erosion of rights to Nazi Germany, but for the purpose of awareness only - "To teach

people how to think, not what to think." - the following paragraphs will explore the definitions of the above mentioned techniques and point out some examples of their current applications within the COVID-19 narrative.

Bandwagon

Definition: The tendency of an individual to acquire a particular style, behaviour or attitude because everyone else is doing it

In 1951 social psychologist Solomon Asch devised a social conformity experiment. The experimenter told participants they were taking part in a study to measure people's visual judgments. The experimenter placed a card in front of a group of 8-10 people (Only one subject in each group was an actual participant. The other subjects were actors and gave staged answers - some correct, others incorrect). The card had one bar drawn to the left and three bars drawn to the right. The length of only one

bar to the right matched the length of the bar on the left. The participants were then asked to answer one at a time and out loud which bar on the right matched the length of the bar on the left. The real participant was always placed second to last in each group, so he would hear the other incorrect answers before giving his own. This was repeated for 18 different sets of bars per group of subjects. In total, about one third of the subjects who were placed in this situation went along with the clearly erroneous majority.

Example #1:

- What the public is told Hydroxychloroquine, Ivermectin, Vit D are bad/useless.
- What the public is not told c19study.com is a website that compiles the results of studies done on these drugs/treatments. Each of these treatments shows promising results when used at the appropriate time and in the appropriate dosage.

Example #2:

- What the public is told- Masks help stop/limit the transmission of COVID-19.
- What the public is not told Starting in 2015, the Ontario Nurses Association (ONA) took legal action against the controversial vaccinate or mask (VOM) policy and won. The conclusions drawn from the extensive pool of scientific evidence presented was that masking as a means of source control to reduce transmission of aerosol-spread viruses was "scant, anecdotal, and, in the overall, lacking." (https://www.ona. org/news-posts/ona-wins-vaccinate-or-mask-flupolicy/*)

Cute, relatable, quirky? Yes. Relevant to COVID? No. (Someone should tell the Premier that he is supposed to be both relatable and relevant when he "plain folks." But, nonetheless, he earns a solid B minus for effort)

Glittering Generalities

Definition: Employ vague, sweeping statements (often slogans or simple catchphrases) using language associated with values and beliefs deeply held by the audience without providing supporting information or reason Example: "Stay home, stay safe, save lives", "My mask protects you, your mask protects me", #vaccinessavelives. How many men, women, and children would be able to quote all of these catchy slogans but not be able to quote one scientific fact to back them? Is then the general public truly informed or thoroughly indoctrinated?

Transfer (also known as "Association")

Definition: Association refers to a mental connection between concepts, events, or mental states that usually stems from specific experiences. Often evokes an emotional response. It can either be a positive or negative association/transfer

One example of political transfer/association would

be superimposing the image of a country's Prime Minister or President in front of that country's flag. This transfers the freedom and values that the flag represents onto the leader.

With COVID-19 marketing some examples include articles such as "Toronto Cases Spiking" with a picture of the Toronto freedom rally below the headline. Transferring blame onto "anti-maskers" with no proof.

Another example are the radio ads (playing in Ontario).

The ad begins with someone saying "It's just a few friends over. We're all wearing masks. It's not a big deal." The ad then fades into the sound of sirens and a dying patient gasping for breath. Associating human contact with death.

One final, simple example is the slogan "Stay home, Stay safe". Associating isolation with safety (or transferring the idea of safety onto staying home).

Additional Propaganda Techniques Being Used

- Fear mongering
- Repetition
- Censorship and fact-checking
- Bots, "sock puppets", hashtags etc on social media
- Black and white fallacy

In closing, let's explore some common questions and objections surrounding this topic:

"It sounds like you just described a well-organized public health education campaign to me!"

> The difference between education and propaganda is that education always searches for objectivity while propaganda is very subjective and discourages objectivity.

> "But what motive would governments have in exploiting a worldwide 'pandemic?'

"'Emergencies' have always been the pretext on which the safeguards of individual liberty have been eroded" -Friedrich Hayek



Testimonials

Definition: Using an expert or celebrity testimony to sell or support

Cancel culture ensures supportive COVID-19 testimonies from prominent figures (medical, political, religious, and celebrity)- either support the narrative or lose your job and/or social standing.

Name Calling

Definition: A form of verbal abuse in which insulting or demeaning labels are directed at an individual or group

"Covidiots", "conspiracy theorists", "anti-maskers", "anti-science" – no explanation needed.

Plain Folk

Definition: When a speaker presents themself as a common person who can understand and empathize with a listener's concerns

"AN EPIDEMIC IS NOT DRIVEN BY ASYMPTOMATIC CARRIERS." **DR. ANTHONY FAUCI**



Upon reviewing the experiment results Asch stated,

"The tendency to conformity in our society is so strong that reasonably intelligent and well-meaning young people are willing to call white black. This is a matter of concern."

Humans are easily influenced, social creatures. Scientists know this. Governments know this. If they can just get the bandwagon rolling, people will then not have to be forced onto the wagon, but will jump on willingly. In the context of COVID, being "In it together" for "Two weeks to flatten the curve" was a brilliant bandwagon strategy to which the subconscious human mind responded: "Everyone else accepts lockdowns, masks, travel restrictions, social restrictions, work restrictions as the 'new normal', so I do

too. It must be for a good reason."

Card Stacking

Definition: A technique that aims to sway the viewer's perception of an issue by highlighting one side and suppressing the other side

"In all the history of respiratory viruses of any type, asymptomatic transmission has never been the driver of outbreaks. The driver of outbreaks is always a symptomatic person." (Jan. 28, 2020)

> www.BrightLightNews.com

Examples: Prime Minister Justin Trudeau talking about the struggles of lockdowns, sharing the story of how they only have one printer, so sometimes his kids interrupt him when they need to print something for school. He states that while adjusting to new routines is not always easy they find a way to "make it work". Another, confusing, "plain folk" example is Ontario Premier Doug Ford's cheesecake tutorials or his injured coyote story during an official briefing.

"But wouldn't that mean that mainstream media outlets would have to be bought?"

Yes.

"But I am a healthcare professional, and I agree with the COVID narrative"

And many healthcare professionals disagree: Prof Dolores Cahill, Dr Sucharit Bhakdi, Dr Ari Joffe, Dr Roger Hodkinson, Dr Richard Schabas, Dr Neil Rau, Dr Beda Stadler, Dr Carl Heneghan to name only a very small few.

"I am not being manipulated"

"Propaganda works best when those who are being manipulated are confident they are acting on their own free will." •Joseph Goebbels

"But the fact that this is happening worldwide proves that it is true"

"The bigger the lie, the more it will be believed" •Joseph Goebbels

Be aware. Read both sides. Think for yourself.

Operation Lock Step

The Rockefeller Foundation Has A Plan For You: In Fact, It Has Four

By Guy Crittenden

When they were young, my first wife and I took our two sons on many vacations to Walt Disney World, Florida. EPCOT Center was my favourite theme park, as its attractions catered more to adults. EPCOT stands for Experimental Community of Tomorrow and was the product of Walt Disney's fetishized vision of a tightly-controlled high-tech future for mankind that ultimately bifurcated into the EPCOT park and also the somewhat creepy Disney-built community of Celebration, Florida where such details as the colour of your curtains is prescribed by corporate bylaws.

In time I noticed the EPCOT attractions were all corporate sponsored, and in exchange for their cash these sponsors propagandized millions of tourists with subtle messages about the wondrousness of fossil fuels, GMO crops, and space travel. I thought about EPCOT and Celebration recently while reading a 2010 document that describes the world into which we're currently being shifted.

Scenarios for the Future of Technology and International Development comes from the Rockefeller Foundation and the Global Business Network (GBN). One of this report's four main chapters – "Lock Step" – has been widely quoted in the alternative media, but I wanted to read the whole document.

Scenarios for the Future is the product of an exercise in which various experts developed four plausible scenarios for the future of technology and its impact on the world, especially developing countries. Rockefeller Foundation President Judith Rodin and GBN Cofounder and Chair Peter Schwartz both wrote introductions. Schwartz is an expert in "scenario modeling" and the document is replete with bland Davos-speak terminology about governance models and the "scalability" of technologies and solutions; at only 54 pages (including covers) it was thankfully as short as it was insipid.

I won't describe its contents in detail, but instead supply a quick overview and my conclusions.

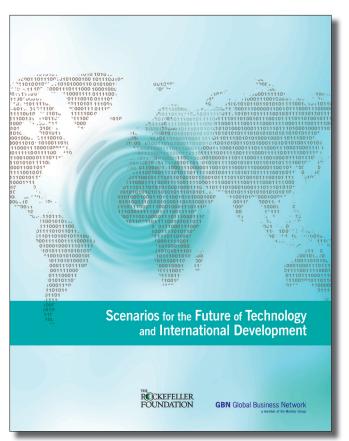
Scenarios for the Future looks at societal impacts of technology through the lens of two critical uncertainties: future global political and economic alignments, and the adaptive capacity of societies. It then describes four scenario narratives: Lock Step, Clever Together, Hack Attack and Smart Scramble. Each of these is described over a few pages, followed by a diagram of possible news head-lines between 2010 and 2030 (for that scenario), a snap-shot of the "role of philanthropy" and the impact of technology, and each chapter finishes by describing a day in a typical person's life in each narrative.

The Lock Step chapter garnered the most attention in 2020 because it almost exactly describes what's unfolded, and some speculate the Rockefeller Foundation has worked with the World Economic Forum and various United Nations agencies to implement it intentionally. The chapter describes a pandemic that originates from wild geese and tears through the global population.

Governments around the world impose strict controls such as mask wearing, social distancing, travel restrictions, temperature taking at supermarkets and airport entrances, and other things we've experienced recently. What popped for most people is the description of China as a role model, with its crypto-fascist government snuffing out disease spread quickly via the imposition of draconian measures – something pantomimed by the real Chinese government in 2020. The chapter describes businesses bankrupted by lockdowns and the collapse of the travel industry. odds with modern hygiene.)

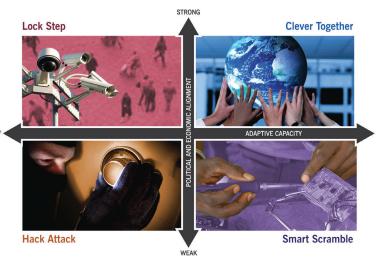
It seemed unfair to accuse the report's authors of giving global elites a blueprint for medical fascism while ignoring the three other chapters. What could they contain? I wondered.

The subtitle of the "Clever Together" chapter highlights a "world in which highly coordinated and successful strategies emerge for addressing both urgent and entrenched worldwide issues." The wording tips us off that this is the authors' preferred model, and as we'd expect, describes a multi-polar world in which inter-



national agencies coordinate with one another, nation states have a diminished role, and large corporations each have a "chief carbon officer." Big Data offers "sousveillance" (not a typo) mechanisms that improve governance, vaccines save millions of lives, there's lots of solar power, people live in "smart cities" and the global poor are uplifted by smart devices and internet banking, etc. The "day in a life" profile for this chapter is an executive working with researchers to design a convincing labgrown steak. (That could never happen, right?)

"Hack Attack" describes an "economically unstable and shock prone world in which governments weaken, criminals thrive, and dangerous innovations emerge." There are plenty of terrorist attacks on the Hack Attack planet, and chaos because the international agencies have a weak hand. Corporations can't enforce their patents (heavens!) and children die from (wait for it...) tainted vaccines developed in the underground economy. It's pretty much a world run by those Nigerian princes



communities eke out a tolerable existence that benefits from some emerging technologies, but they can't scale them up fast enough to solve global problems. They keep reinventing the wheel, so to speak, because everything is too local, lacking – oh, I don't know – a World Economic Forum to globalize everything? At the end we meet Lidi, an African woman frustrated by her day-to-day experience trying to bring safe drinking water to scattered communities because each village is doing its own thing. If only, to her mind, there was some international agency to finance and control it all...

As I read *Scenarios for the Future* I kept asking myself, what is its true agenda? Is this a nefarious blueprint for the future, produced by the heirs of John D. Rockefeller who cornered the oil market, then herded the medical profession into the narrow corral of allopathic modalities? (Just as Bill Gates did with software and now vaccine medicine.) Were the authors sincere? Certainly a casual reader would point to "Clever Together" as being, well, clever.

By the time I reached the Appendix, the strange answer presented itself.

Scenarios for the Future promotes **all four scenar-ios**. Literally all four narratives are playing out in the world simultaneously today. Each of us is experiencing one or more of the narratives, depending on where we happen to live and (more to the point) to which economic class we belong.

It's obvious that Lock Step is being imposed, especially on the unsuspecting middle class of the Five Eyes nations (Australia, New Zealand, Canada, the United Kingdom and the USA) which will presently be enmeshed in a Chinese-style surveillance and security apparatus and social credit score system. The 5G towers, facial recognition cameras, digital I.D.'s and possible vaccine passports are popping up all around us, as is the restructuring of the economy in favour of megacorporations along with the erosion of our long-standing property rights and rich common law history.

What's more insidious – like the aforementioned corporate sponsorships in EPCOT – is the picture that emerges if we notice what **all four scenarios have in common**. All four assume the path to global health is universal vaccination programs. How do we feed a hungry world? All four assume with GMO crops, of course. How do we address our energy needs? Via the efficiency of everyone living in megacities (which are, of course, "smart").

The four narratives hold the nation state in contempt. A system of "global governance" is advanced, with no discussion about who decides, and whether those people are elected. An archipelago of committees, U.N. agencies, and international NGOs is described, while local communities are brushed off; they're too messy, their solutions can't "scale up." Freedom-oriented systems are assumed to be anarchistic and will therefore lead to piracy and dark web ripoffs, or terrorist plots. (We never learn that Western intelligence agencies created most of the world's existing terror organizations.) In place of

chaotic "freedom" we're presented with a world as it might be managed by Al Gore and Bono. Confabs of the billionaire class will determine "equitable outcomes" and we'll wear New World Order masks forever and not travel anymore, and thereby prevent the spread of new virus variants and climate changes modelled on computer screens. Scenarios for the Future assumes the interests of Big Pharma, Big Ag and central bankers align with those of the rest of us. It's all the episodes of Black Mirror rolled up together, and covered with a smilev face. It's a mashup of the top-down dystopia George Orwell described in Nineteen Eighty Four with Aldous Huxley's Brave New World in which people willingly surrendered their freedoms for various pleasures. Everything described in Scenarios for the Future - all of it - is happening right now. And as long as we think in its circumscribed terms, we won't even imagine what else might have been. In place of intimate relationships and small close-knit communities, we'll live in megacities, spending much of our lives in digitally augmented realities, cut off from nature, and from one another.

These sentences are oft-quoted in articles, for obvious reasons:

"Even after the pandemic faded, this more authoritarian control and oversight of citizens and their activities stuck and even intensified. In order to protect themselves from the spread of increasingly global problems – from pandemics and transnational terrorism to environmental crises and poverty – leaders around the world took a firmer grip on power." Sound familiar?

The "day in a life" portion of Lock Step describes a young woman from India – Manisha – who witnesses the cleaning of the polluted Ganges River, partially from the forbidding of that country's ancient tradition of cremating bodies on the riverbank and tossing the remains into the water. (Spirituality and tradition are immediately at always trying to send us their billions for safekeeping.

Hack Attack concludes by profiling an investigator sent into Botswana to identify pirates manufacturing counterfeit vaccines (go figure), and who sell black market GMO seeds and synthetic proteins.

The last chapter – "Smart Scramble" – describes an "economically depressed world in which individuals and communities develop localized, makeshift solutions to a growing set of problems." This narrative clearly sits somewhere between Hack Attack's Mad Max dystopia and Clever Together's U.N-coordinated utopia. Shaky

We won't own anything. But we'll be happy.

Guy Crittenden is a freelance writer and author of the award-winning book The Year of Drinking Magic: Twelve Ceremonies with the Vine of Souls (*Apocryphile Press, San Francisco*). *Follow Guy at HipGnosis.co*

The New Abnormal - One Year On An Insider's View Of Life In The UK In 2021

By Andrew Baird, Darren Smith, Lisa Mcmahon & Martin Bentley

n the 19th March 2020, the UK government declared that covid-19 was no longer considered to be a high consequence infectious disease, subsequently downgrading it to the equivalent of a seasonal flu. The government then went on to declare that the country was in a pandemic and placed the country under a nationwide house arrest calling it 'lockdown' (a phrase only ever heard on TV prison dramas, where a prisoner is confined to their cell with only the most basic requirements allowed) which was initially for 3 weeks to prevent the NHS from being overwhelmed.

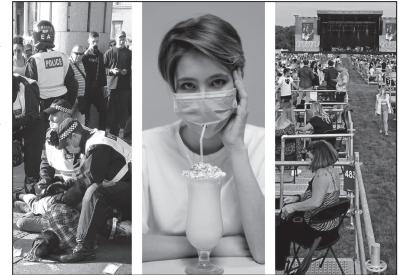
One year later, and we are still living under the most

draconian measures ever imposed on a supposedly free and democratic country. Freedom of speech is on a life support machine, critical thinking appears to be in an induced coma and real objective journalism in the mainstream media in this country is now dead. Never in our history have we experienced an elected government which has imposed such heavyhanded, authoritarian and completely disproportionate measures on our society for a disease that statistically has a 99.7% survival rate. There is currently no evidence to show that 'asymptomatic carriers' spread this disease, which appears to have no impact on healthy children at all, despite incessant government propaganda to the contrary, using fear and behavioural modification techniques to 'nudge' the minds of the general public away from the truth. The people have now been psychologically conditioned to believe that they aren't free but instead prisoners, who are only allowed rights and privileges.

We have seen from the Johnson regime many utterly false projections spread far and wide through the media, contracts for unsuitable nepotistic businesses worth billions, isolation and torture techniques, refusal of medical treatment, record suicides, decimation of smaller businesses, the elderly left to die alone, families separated, social life halted, childrens' development ruptured, constantly changing rules enforced by more violent and unthinking police, abnormal human behaviour applauded, cult- like acquiescence of much of the population, and an utterly corrupt, morally moribund media, academia and judicial system that are fully supportive of their disas-

trous policies.

Almost everything is now upside down in our virtual unreality. We've had house arrest of healthy people. Being stuck indoors is partly to blame for the modern light and air pollution sickness disorder that's developed over the last 50 years. More of the same doesn't help anybody's health. The continued lack of empathy for those without gardens, without financial reserves and the ability to work at home on the computer. The denial of human touch as the major de-stressor in our lives. The denial of the benefits of sea air and bracing walks in the sunshine. The denial of the benefits of being in nature and in city parks. The continued pushing of mask wearing when it's an unhealthy long term practice of no benefit to healthy people unless looking after patients. When fresh air boosts health.



The irony of social distancing when most of the time with touch we pass on healthy microbes and generally it's the sick that pose the risk of infecting you. Sex stimulates the immune system. It helps lower blood pressure, it helps the heart and eases stress. All these factors help fight infectious disease and improve mortality.

The major factor in better mortality is having a purpose in life and businesses built up over 10 to 20 years are now crashing dreams all around us. It's not that the effects of the lockdown on the economy, jobs and stress are worse in terms of death than the disease. It's that the lockdown is

Children suffering due to measures

Continued from p.1

drowsiness, dizziness and reduced ability to concentrate. In social media groups there has been an uprising trend in parents reporting their children experiencing some, if not all, of these symptoms.

Another negative physical effect, according to the Canadian Dental Association, is that dentists are reporting a rise in a phenomenon they are calling "mask mouth." It is characterized by "receding gums, halitosis and cavities."

Studies are still being conducted on other negative physical impacts of masks and the long-term major effects. But one can conclude that daily mask wearing is likely harmful to children's bodies and brain.

Despite the possible negative physical impacts, the greatest crisis this past year may have been the decline of children's mental health.

A major concern for pediatric and mental health

Hospital Reports Rise in More Serious Suicide Attempts" quoted Medical Director, Dr. Olabode Akintan, who said, "The sharp increase in suicide attempts is an anomaly."

From October to January, there were 26 youth admissions due to suicide attempts, in Hamilton alone, more than three times the seven recorded in the same time last year, 2019. The average age being 15 to 17.

Dr. Richard Delorme, head of the psychiatric department at the Children's hospital in France, told the Associated Press admissions from children who have attempted suicide has increased. Reasons include; "I can no longer do my music (or sports)," "I can't see my friends outside of school," "I'm fed up with my mask," "I miss my normal life."

Delorme states they are very surprised by the determination and intensity of suicidal ideation in children. "We sometimes have children as young as 8 who already want to die. They have a genuine wish to end their lives." The recent child suicide spike is only the latest mortifying revelation showing us all just how big a toll these guidelines and restrictions have taken on children. And yet the debate on masks and lockdowns continues. One of the statements often used is "The kids aren't suffering. It is the parents who are making a big deal of the masks and pandemic." But as evidence proves, children are obviously suffering. fundamentally unhealthy in every respect.

All for an alleged virus no one has actually taken a whole specimen of from any supposedly infected person anywhere in the world, which is the normal, standard way of dealing with diseases.

Why exactly do we need to jam Q-tips half way up to peoples' brains, when a drop of spit can infect someone from 6 feet away? If masks work then why social distancing? If lockdowns work then why Sweden, Belarus, Taiwan, South Korea, Singapore, Japan and many other places that remain open and virtually 'covid'-free?

Why wear a mask to stand up but not sit down? Why lockdown on a specific date instead of right away? Why scare people half to death in order to sell a shot which by their own admission won't allow anyone to live normal lives again anyway?

The NHS was never, at any point, overwhelmed – many of the staff became so bored they began recording themselves doing choreographed dance routines for morale boosting purposes. The Nightingale wards that were purposely built for covid victims to allow the continued treatment of patients with life-threatening illnesses in regular hospitals, were never used and were dismantled wasting billions; and many of those patients with life-threatening illnesses saw their treatments cancelled – but at least they had those NHS dance videos to cheer them up.

The Prime Minister's statement of March 16, 2020 went: "it remains true as we have said in the last few weeks that risks of transmission of the disease at mass gatherings such as sporting events are relatively low."

Then his statement of March 23 said: "we will immediately close all shops selling non-essential goods, including clothing and electronic stores and

other premises including libraries, playgrounds and outdoor gyms and places of worship.

We will look at them again in three weeks and relax them if the evidence shows we are able to." It was never their intention to reopen any of these places. They have destroyed countless businesses and they know exactly what they are doing.

People are now so entrenched in the masquerade they will support any measure imposed, and have even begun to convince themselves they have 'covid,' or their friends have it, when all symptoms described are those of the flu, pneumonia and other respiratory diseases that have amazingly all but disappeared this year.

First it was masks won't help, then it became maskageddon, now after a year the amazing scientific brains the government and therefore the country all follow like lemmings have figured out we need 2 masks. What next, mandatory rubber gloves and an anal schwab (sic) every week?

At what point are people going to say "NO"? How much disruption, depression and chaos are they going to put up with before they finally snap? Or is that indeed the plan, to cause mass riots and civil unrest? Many think so, but we are already living under near martial law in all but name. Curfews, travel restrictions, ID/name demands by police, all dissent, opposition or political meeting/ protest is violently repressed – witness Manchester café owner Luca, who was punched in the face repeatedly by a police officer while another held his arms, and Liverpool gym owner Nathan deAsha who was beaten and kicked repeatedly by several officers as seen on a viral video.

Even if there was evidence of a genuine health emergency out there, it still would not be reason to suspend all normal life for healthy people, and especially those under 75 who even according to official highly-inflated figures, are at a tiny risk of dying from 'covid'. Those who are sick should isolate, as it ever was, but being told on bus stops and scary tv and radio adverts to 'act like you've got it' is pure behavioural modification technique, suggesting people pretend they have a disease is as warped as it is possible to be in a mass government advertising campaign. When will it end? When they decide they've had enough of controlling people like slaves and sucking enough money out of the public purse to live like kings? Or when the people decide enough is enough and they are going to resume their normal lives even if the government, the BBC and those still bafflingly enthralled to a collection of psychopathic criminals they call the government are still trying to brainwash them that they could get ill and die at any minute? We think the risk is worth it, live your lives before there is no life left to live any more. Their 'great reset' is not going to be for our benefit - though it is of course being sold as that, nothing they do ever actually is.

experts is the rise in eating disorders among children and young adolescents.

In the CTV news article, "Experts Say Pandemic Fuelling Apparent Spike In Eating Disorders Among Adolescents", Dr. Ellie Vyer, Alberta Children's Hospital, says their admissions more than doubled at her hospital and continue to rise. And it is happening Canada wide.

The Children Eastern Hospital of Ontario, (CHEO), says "there was 67 admissions between April 1 and October 31, 2020, a 63% jump from the same period in 2019."

The cause of these spikes, according to Christina Bartha of Sick Kids, includes isolation, school disruption, negative social media exposure and stress, all which fuels unhealthy eating and exercise habits.

Bartha stated that there is little doubt that the "pandemic-fuelled turmoil has played a key role in driving up youth anxiety."

Alongside the rise in eating disorder cases, suicide attempts and suicides in children are at a record high.

According to Simon, (Kids Help Phone), "10 to 15 of their daily 800 calls are active suicide rescues where police are called for backup." Again, that's daily.

The Hamilton Spectator, article, "McMaster Children's

We must protect the children. They are not responsible for protecting other adults. Children are the most vulnerable and they deserve to live as stress free as possible, both physically and mentally.

So, be a child's voice. Write and express your concerns to your MP, MPP, Minister of Education and your Premier.

Finally, take some time to check in with your child and their mental state. Talk to them. Tell them their feelings matter. Tell them they are safe. Tell them they are not alone. And tell them they are loved.

"The way we talk to our children becomes their inner voice and strength." -Peggy O'Mara

Get Involved:

https://www.libertycoalitioncanada.com/saveouryouth

Originally published at TheLightPaper.co.uk

Did Ordinary Citizens Just Arrest Mayor Bonnie Crombie in Mississauga, Ontario?

By Richard Enos of DaoCoaching.com

s this 'Pandemic' wears on, it is becoming evident to a growing number of citizens that the measures being levied upon us and our children by our elected officials and school boards are getting ever further divorced from the science, statistics and plain common sense about what is best for our health. The only logical explanation left for people who are doing their research is that our elected leaders and school board officials are simply following an agenda of control that is being thrust upon them from above.

While protests and rallies against these measures have been ongoing in Canada and around

the world, a growing number of people here in Ontario have concluded that these activities have done little to elicit a response from our highly insulated elected officials. An Ontario group by the name of Stand4Thee (www.Stand4Thee. *com*) has spearheaded an effort to hold our elected leaders directly accountable, and rather than continuing to wait for the slow and grinding wheels of our current court system to deliver some measure of justice, Stand4Thee has decided to educate themselves and others on the Common Law, and implement immediate Common Law actions commensurate with the urgency of the situation, especially in regards to the magnitude of damage being inflicted on our children.

The Arrest of Bonnie Crombie

On the morning of March 20, 2021, over 200 ordinary citizens came together in Celebration Square in Mississauga to participate in a Common Law court proceeding to process a summons that was sent to Mississauga Mayor Bonnie Crombie a day earlier by 3 members of Stand4Thee:

Summons under common law and natural justice To Bonnie Crombie the [woman] acting as the mayor of the Service Corporation of MISSISSAUGA Whereas you have been accused before the men and women and parents of MISSISSAUGA in that you, Have committed an ongoing assault and abuse on the children of the service corporation of the REGION OF PEEL and the service corporation of the CITY OF MISSISSAUGA

You are to appear at Mississauga Celebration Square on 20th day of March 2021 at 10:10 am. Issued at the service corporation of MISSISSAUGA, ONTARIO this 19th day of March, 2021

Daniel Warren Oke, Rebecca Sheppard, Cullen Mcdonald

If you do not appear you will be tried in absentia by a jury of twelve of your peers

If you are found guilty and a fine is levied against you it will be handed to the International Tribunal, the International Criminal Court, the International Common Law Court, Interpol and the United States Alliance.

Now there are some particularities in this summons, including names being in lower case and in red, to distinguish them from upper case names that are used in a different legal jurisdiction that I have heard called Maritime Law, Admiralty Law, or Law Merchant. I won't comment on the nature of this law until I can do more research, except to say that Common Law appears to have a higher jurisdiction, and this is what has been kept a secret from us in order to maintain control over us. I am quite familiar with Natural Law, which is not a law that has been made by any human, but rather governs the natural and self-evident order of the physical universe we reside in, within which we are all rightly equal, free and sovereign as individuals. To my understanding, Common Law has been an attempt by certain luminaries throughout history to codify Natural Law formally and specifically into the way we govern ourselves and interact with each other, a way to maintain a just order in society without infringing on individual freedom.

ty for citizens to learn about their power and their rights first-hand. And this was surely by design, as the moderators generously explained the purpose of each step along the way.

The Common Law Proceedings

Now as it turns out, Mayor Bonnie Crombie did not show up. This was not unexpected, and as promised in the summons, the proceedings went on without her.

After the hearing was called to order, parents who had complaints against Mayor Bonnie Crombie spoke a declaration of arrest out loud as a group, holding Bonnie Crombie responsible for the following crimes based on her support for and enforcement of mask mandates for

of Section 122 of the Criminal Code of Canada

There is a binder of evidence online which was referred to as substantiation of the claims. Following additional testimony from parents who told the jury their personal stories, the jury of 12 peers convened. After deliberations, they found Mayor Bonnie Crombie guilty as charged, and in addition demanded an immediate injunction against all Pandemic measures that are impacting the health and freedom of the children of Mississauga.

Is This Purely Symbolic?

The question on many people's minds is, will the convening of this court have any impact in the 'real' world?

Does Common Law have any standing in our society, or are those in authority going to be able to continue what they are doing with impunity? I don't have an answer for you right now, but after having participated in this event, I felt empowered, inspired, and unified with all the other participants. I felt a sense of 'community' that I had never felt before, insofar as a group of concerned citizens were gathering together with the hope and belief that they had the ability to make right something that was obviously wrong in our society.

There was clearly an 'energetic' component to this gathering that was very positive and refreshing. Everyone participated in a dignified, focused

manner, unified in purpose, grounded in truth and love. So no matter what each person's belief is around the significance of the 'energetic' realm in human affairs, most participants were left with the feeling that this is the way legal matters important to citizens should be conducted in our society, and that the way our current system works is the opposite of this. I believe that the more energy people begin to devote to the Common Law system, and the less they spend within the old system, the more that real-world change in our favor will naturally occur, making the proceedings in Celebration Square on March 20 far from a symbolic gesture, but rather a catalyst for a shift in consciousness that will return power to the people.

children in school in Mississauga:

Administering a noxious substance to a minor, in contravention of Section 245(1) of the Criminal Code of Canada

Committing torture, in contravention of Section 269.1(1) of the Criminal Code of Canada Committing bodily harm, in contravention of Section 221 of the Criminal Code of Canada Reckless endangerment and child abandonment, in contravention of Section 218 of the Criminal Code of Canada

Criminal negligence, in contravention of Section 219 of the Criminal Code of Canada

Breach of trust by a public officer, in contravention

Ethics out the window?

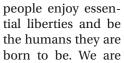
Continued from p.5

The WHO is essentially claiming control over the forces of nature that are far from being well-researched or understood by today's science. It doesn't take a PhD to know that it is impossible to predict the emergence of a virus or control its spread between humans and animals, but it is an entirely different matter when it comes to controlling the humans. When humans obey (they keep 6 feet distance, they wear masks, stay indoors, group in social bubbles) they accept severe violation of their most essential human rights as

a necessary virtue! The new approach of the WHO fully disregards the "human" element in humans. We are not seen as living social creatures driven by personal goals and desires, but as mere elements in the virus transmission chain. mouth disease. This may be an ugly analogy, but this is the apparent stand of The WHO that is being carried out in the polices of local public health establishments.

If allowed to unfold, the rhetoric of the WHO paves the way to the new public health doctrine whereby the authorities can arbitrarily set health standards and actively manage the population, which creates potential for developing the tools of control that the world has not yet seen. Those who control health – control life.

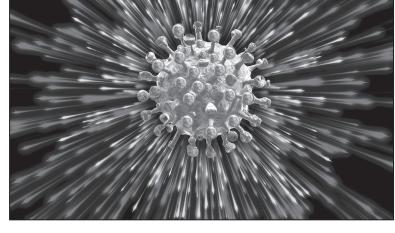
The WHO considers it unscientific and unethical to let





In face of Pandemic measures, many more citizens have become interested in how to achieve justice for themselves and their fellow citizens, and consequently have become interested in understanding how the law works. The Common Law proceedings at Celebration Square in Mississauga actually served as an opportuniThe once dystopian idiocracy is today's reality, and it is supported by the grotesque formalism

instituted by the World Health Organization (WHO). The WHO implicitly suggests that people no longer belong to themselves. They cannot make own health choices, they are property that the WHO is ethically obliged to keep away from the virus, even if it makes it hard to ... breathe! They find it unethical to let children go to school unmasked and play together, because they may cause them "unnecessary suffering, infections and death." Just like a livestock that needs to be kept in stables and properly managed to avoid outbreak of the foot-and-



not fully there now, but are moving fast in this direction.

In the movie *Idiocracy*, the crops do not grow, because they are watered with electrolytes; common sense does not rule there, plants are given electrolytes, because they crave electrolytes, – that is what the (cor-

porate) science said. The logic is formally correct, but it loses its meaning when it is refined and cleared of other essential substance. By following the formal definition everybody forgot that plants need water, just like humans need to breathe fresh air and be humans instead of being kept safe in "individual bubbles".

Destroying people's well-being for the sake of wellbeing has nothing to do with protection and safety. But it has entirely different meaning when big power is achieved this way.

Don't Leave Your OATH In Your Locker

By Vincent Gircys,

aw enforcement officers in Canada and elsewhere take an oath. In our nation, they operate on a regiment of ethics and lawful guiding principles that claim to recognize the Canadian Charter of Rights and Freedoms as our legal foundation.

Depending on the Canadian police service, various Oaths taken contain a variety of terms and promises.

The net result of the Oath and the police service ethics policy combined incorporates an expectation of Trust, Loyalty, Impartiality and Courage upon every serving police officer. Trust is the credibility of one's behaviour based on integrity, intent, capability and results. Loyalty refers to the governing body, the citizens of your jurisdiction, the Queen or your country depending on the document. Courage is moral strength and the choice to willingly confront agony, danger and uncertainty of harm.

Impartiality is a key component to effective justice based on objective unbiased criteria.

I have had the pleasure of working with thousands of men and women in blue from many different services for over 32 years. It was rewarding to work with so many dedicated and courageous members whose sacrifices and commitment even cost some their lives while protecting our citizens.

On occasion, law enforcement officers can experience situations where their oath has been compromised by their orders. These scenarios can occur within a legitimate crisis, an "emergency" real or fabricated, or even at the hands of an overly zealous superior or virtue seeking politician.

Any conflict between loyalty to one's oath and a compromise of one's integrity is every bit as dangerous to one's moral compass and personal mental health just as is any job related trauma experienced in the line of duty.

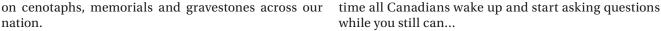
We're at a time in our history where we are all facing and witnessing questionable directives in clear violation of our Rights and Freedoms.

These directives need to be met with moral courage above all else. These rights and freedoms from tyranny were paid for with the lives and blood of our nation's soldiers. The 'receipts' for this purchase are engraved

nation.

Keeping Canada "strong and free" can only be preserved through constant vigilance, moral courage and accountability. Not all wars upon freedom are the same.

It is abundantly clear that corporate foundations and entities are pursuing private objectives while dismissing our fundamental Rights. Our governments and law enforcement leaders have failed to produce



Chrystia Freeland, our Canadian Deputy Prime Minister and Minister of Finance sits on the World Economic forum with Klaus Schwab. He has already declared that; "In ten years, you will own nothing!" I beg your pardon Klaus, we own our freedom and we have the 'receipts'.

The evidence speaks for itself, Ms. Freeland has

already stated that; "asking questions is not responsible behaviour". I said pardon? Not only is that flippant remark an insult to our freedoms of speech but a clear and early indicator of her endorsement of censorship and pending tyrannical ambition.

Like her oxymoronic surname itself, her ambitions and those of her silent colleagues are a part of a conflicted globalist scheme to control by confusion; All to undo and usurp our nation, its resources and our way of life. I have never seen any criminal stop to confess to committing a wrongful act while they are in the middle of it. Some like Freeland will proudly pose for a pic with George Soros. These people require righteous confrontation as do all our leaders.

Don't ever expect these people to admit the truth in the present. Do not relent or enable them to continue unquestioned. Let your local, provin-

cial and federal management of our nation and our law enforcement agencies hear and see you coming in the rear view mirror.

Failure to address these arrogant individuals will indeed enable a collision between our freedoms and their ambitions. This madness in our midst is simply reckless operation of an Oath and a public trust while 'stunt driving' our country into a wall. Your children, grandchildren and our future is being taken for a ride in their back seat. It's time to take the keys and please don't leave your Oath in your locker, wherever you may be.

Vincent Gircys is a former O.P.P. officer with 32 years of service.

Websites Of Interest

Please note, these websites are provided as sources of alternative information. Druthers does not necessarily agree with all material found on these sites. Please use your own discretion, yet keep an open mind. Explore and analyze information and evidence with us. You can visit druthers.net to get in touch.

> vaccinechoicecanada.com worlddoctorsalliance.com thehighwire.com corbettreport.com pressfortruth.ca rebelnews.com randyhilliermpp.com withpierre.ca hugsovermasks.ca weareallessential.ca stand4thee.com awarriorcalls.com takeactioncanada.ca brightlightnews.com gbdeclaration.org jccf.ca swprs.org peakprosperity.com americas frontlined octors.com constitutional conventions.ca stopworldcontrol.com evidencenotfear.com projectveritas.com computingforever.com activistpost.com freedomforumcanada.com standupcanada.solutions lauralynn.tv



justification of these directives. This lack of justification must be challenged.

The violation of these Rights, so easily dismissed by our governments without supporting data have already led to the arrest and jailing of Pastor James Coates for providing church services. In addition, numerous violent arrests for peaceful protesting, attending a retail outlet with a valid mask exemption, skating on a frozen pond or skateboarding outdoors without a face covering. Etc. etc.

In addition to these frivolous, politically based arrests, thousands of charges were laid for spending time with friends or family, attending or holding Church services, failing to stay at home or failing to unnecessarily quarantine when returning to Canada following a negative test result.

Many of our ancestors laid down their lives fighting to prevent tyranny from landing on our soil with intent to trespass upon our fundamental freedoms. It's about

When You Do Such A Bad Job That Nobody Is Willing To Praise You Legitimately, Paying People Is The Only Option

By Spencer Fernando

department is pay-

ing 'influencers' to praise their work on social media:

".@GovCanHealth paying "influencers" to say nice things in social media aft Dept faulted for #pandemic mismanagement. Minor celebrities will "build the dept's credibility" and must not "tarnish Health Canada's or the Gov't of Canada's reputation." Here's an excerpt of the report (the rest is paywalled): "Health Minister Patricia Hajdu's department is paying people to say nice things about it on Twitter and Facebook. The department yesterday said it will pay minor celebrities to tout its work "as a trusted source of health information" on social media after being faulted for pandemic mismanagement: "We are continuously adapting and learning.""

Hajdu's terrible performance leaves the rest of us paying for BS propaganda.

If Hajdu had done a good job, the health department lacklock's Reporter has revealed that Patty Hajdu's wouldn't need to pay for praise, it would be happening

organically. But of course, Hajdu hasn't done a good job. She's been perhaps the worst minister in the Trudeau government,



Health Minister Patricia Hajdu

wrong on everything, constantly reversing her advice, saying border controls would 'cause harm,' putting virtue-signalling ahead of reality, trusting China, ignoring her own advice, and on and on and on.

In short, she has been so bad at the job that in addition to the price we've paid due to her terrible performance, we are now being forced to pay for people to spread fake praise about the department she so incompetently leads.

Originally published at:

https://spencerfernando.com/2021/03/25/liberal-government-busted-paying-people-to-praise-hajdus-department-blacklocks/

It's Staying Human That Is Important

By Todd Hayen, PhD

You don't have to be spiritual to understand unity consciousness – you are conscious of our human unity whenever you talk to a friend, look at a new born baby, cry at a movie, hug a loved one, or make love. You are even aware of unity when you walk down the street and smile at a stranger, or shake hands with a business associate, or jump out of your seat cheering at a sporting event when your team advances a point. You are aware of your unity with nature when you watch a sunset, take a walk in the woods, hug your dog or pet your cat, or feel the adrenaline surge through your body navigating a kayak through the rapids of a raging river.

You get my point - unity consciousness, or unity

awareness - occurs when you are consciously tuned into being human - integrating with the human world around you. Humanity is partly defined by the relationship you have with other humans, sharing the rituals of life: marriages, group activities, worship in congregation, funerals, and other purely human activities - touching, loving, hugging, cueing in on subtle facial expressions, experiencing life's riches gathered with those you love - or even with people you don't know. Everyone, in these examples, are human. We all share that.

Is this important? I would say it is vitally important, so important in fact, that I believe we would perish if we didn't have a fair dose of "unity awareness" every day. What is the worse form of punishment, short of intense physical torture, that we can imagine? We seem to know instinctively that solitary

confinement fits that definition. "Thirty days in the hole, that'll teach 'im" – a common line in movies and books describing the inhumane treatment that accompanies incarceration. Humans don't do well in isolation – any form of it if it is forced. How many remember the old *Star Trek* original series pilot? When Captain Pike is imprisoned by highly advanced humanoids bent on studying human behavior. The captain could be set in any environment he could imagine, but still a prisoner.

Public Notice

CATEGORY: Public Notice: Republic of Ontario Sovereignty NOTICE & ANNOUNCEMENT of Ontario a Free and Independent Nation:

The lack of Moral and Ethical actions pressed upon We THE Sovereigns of Ontario by the unlawful De Facto government. Full Document, constitutional conventions of which may be read at our website:constitutionalconv entions.ca. The Natural Sovereign Law will operate and function in concert with a Natural Sovereign Law Grand Jury. Notification from the sovereign to the unlawful De Facto government. Notification to the sovereign is Notification to the unlawful De Facto government. The opinions and views stated herein are not the opinions and views of this publisher.

It was entirely unacceptable. He had to be free. Humans need other human interaction, touch, smiles, hugs. They also need to feel safe around others, and feel free to be who they are. Even in our modern culture, which has developed around an unnatural fear of "other", we have learned that a welcoming smile from a stranger is a sign of friendliness. We don't fear shaking hands, even hugging and kissing a stranger if the setting is right. These are not just tribal customs, they are essential to our emotional and psychological health. We are, at a base level, a gregarious sort. If you watch any anthropological footage of scientists in a primal tribal setting you will see how touchy-feely the tribe members are. Very often they all sleep piled up on each other in one large communal hut. Humans are designed stream narrative. We are very possibly experiencing a psychological operation that will render us less defiant, less willing to make a fuss, and more compliant with whatever is shelled out to us. Anyone who has read, or seen the film rendition, of George Orwell's *Nineteen Eighty Four* will clearly see what a compliant culture looks like at its extreme. The people in Orwell's dystopia are essentially stripped of all of their humanity. They do not relate to one another in any physical way, the expression of love is strictly forbidden, and moment by moment they are told by the ubiquitous invisible announcer the progress of the continuous war raging in some "invisible" land – remote enough that all information about it can easily be controlled by the "party". Chillingly familiar, isn't it? Although the dystopian

nightmare of Orwell's *Nineteen Eighty Four* with its "thought police", "Big Brother" and "newspeak" has nearly become a cliché, the similarities to our modern day continuous, and invisible, war with Covid-19 and ubiquitous news about the virus emanating from countless computer and smart-phone screens is just too close to ignore.

Most people seem to believe in the hyped up seriousness of this war against the formidable enemy called SARS Cov2. Most seem to believe the sanctions are designed to protect us and others from the ravages of a disease that has a high likelihood of killing us and those we love. Most seem to believe that anyone is capable of spreading the disease, and although it is contrary to viral science, most seem to believe this virus can likely kill if transmitted by a person who seems perfectly healthy. Yet all the statis-

to touch and stroke, skin to skin. Maybe we are not quite as chummy these days in our modern steel, glass, and concrete environment, but we have learned to compensate for this modern lack of intimacy – but essentially the need for this deep physical intimacy is in our bones.

Again, is this so important? Yes, I believe it is. More important than you can imagine. What we see happening in our Covid world today is a deliberate, and conscious, removal by authority, of the very things that make us know we are human beings and not merely flesh and blood chattel. A serious accusation, I know, but I cannot see any other explanation for it. Science has shown there is very little, if any, reason to use masks, social distancing, and lockdown, to mitigate the effects of a relatively typical viral presence. If you don't understand what I am saying here you need to do a little more research, do it before it is too late due to rampant censorship of any thinking that is contrary to the main-

Public Notice BC: British Columbia

tics show the virus not to be as formidable as the media says it is, there is clear evidence that the PCR tests, that are responsible for the high number of "cases" we are frightened with every day, are faulty.

So we willingly drink the poisoned Kool-Aid, believing it is necessary to stay alive, yet quietly the Kool-Aid itself – the mask wearing, the social distancing, the lockdowns and isolation from our families, our friends, and the human race in general – is slowly killing us, not just in quantifiable ways such as depression and suicide, which instances of both have skyrocketed world wide since the beginning of the pandemic, but in even more deadly ways – deadly to our very souls. Humanity is dying, we are losing some of our most precious ways of being aware of our unity; we are becoming, slowly, like the people in Orwell's dystopia – watch the movie, you will get a clear picture of where we are headed. And we don't even know it.

What value can we place on the joy and soul nourishing we experience when we hold a new-born baby? Walk on the beach with a newly discovered soulmate? Hug a friend who has had a tough day, shake the hand of a business associate at the consummation of a good business transaction - accompanied by a broad smile you both can appreciate, and from which you both can feel your inner human connection. What value can we place on gatherings with family and friends, hearing and feeling the spontaneous outbursts of laughter as we enjoy everyone's company, sitting communially with fellow human beings, shoulder to shoulder, watching a sporting event, a ballet, a play or a musical. What value can we put on sitting by a loved one's side while in the hospital? Attending a family member's or friend's funeral? A wedding? Or watching your children play with their playmates in the park? What value can we put on any of these human experiences? - playing, shopping, worshipping, dining, simply living. Never before, even in the times of our most horrendous wars and world calamities, have we been mandated by our government to relinquish our very humanness through connection with others - covering our faces, keeping our distance, and not behaving as humans have behaved for millenia, And for what? To mitigate a disease we have a 99% chance of surviving? That is no reason. One of the most famous quotes Orwell gives us in Nineteen Eighty Four is: "It's not so much staying alive, it's staying human that is important." In this case we can do both if we wake up and pay attention. But we don't seem to be doing either, and that is the true tragedy.



March 16, 2021

NOTICE & ANNOUNCEMENT:

British Columbia a Free and Independent Nation=Province has established an open, public, de jure Council convened of "We The Sovereigns" due to the lack of moral and ethical actions pressed upon We The Sovereigns of British Columbia by the PROVINCE OF BRITISH COLUMBIA. Full Document of which may be read at plancouncilbc.ca. Notice to the Principal is Notice to the Agent. Notice to the Agent is Notice to the Principal. The opinions and views stated herein are not the opinions and views of this publisher.

Absurdity Observer

A List Of Some Of The Most Absurd Things That Have Happened In Recent Weeks!

- March 20, 2021, hundreds of thousands of people across the world united in the "Worldwide Freedom Rally," including upward of 10,000 people in Toronto, plus 10's of thousands more people across Canada. Where was the mainstream media? #therevolutionwillnotbetelevised
- Bill Gates is getting ready to spray chalk dust into the stratosphere to cool down the planet. The first test balloon of his multi-million-dollar project to attempt to "dim the sun" by spraying millions of tons of chalk into the stratosphere is on course to take flight this June in Sweden.
- 24 countries have suspended the AstraZeneca vaccine because an unusual type of blood clot in the brain, accompanied by a low platelet count, has been seen in young people (primarily under age 25) taking the vaccine. Some countries are now only offering the shots to people over age 55. Meanwhile, the AstraZeneca vaccine being supplied to Africa and other poorer nations through the "COVAX support program" have been unaffected.
- A Windsor, Ontario man lost shared custody of his kids because his pandemic-denial beliefs means he "likely wouldn't take appropriate actions to keep them safe from COVID-19." The man is now only allowed to see his children in a supervised access center where he will have to abide by the facility's safety measures.
- Pfizer expects to generate an additional \$15 billion in sales from its COVID-19 vaccine this year alone. "Experts" believe the shots may become a seasonal requirement.
- *Merriam-Webster Dictionary* (along with various other dictionaries) changes their definition of "vaccine" to include mRNA vaccines. MRNA "vaccines" would not have fallen under the definition of a vaccine under their previous definition.
- Krispy Kreme Doughnuts cares about the health of their community so much that they now offer a free donut a day everyday- for the rest of 2021 to Americans who have received a COVID-19 vaccine.
- The food delivery service DoorDash is now offering on-demand delivery of COVID test collection kits in a handful of cities in the US, and there are plans to expand to more locations by the end of the year.
- A BC man has been jailed for violating a gag order after he shared his story, along with his first name, regarding the legal challenges he has faced as a result of "misgendering" his child.

- Toronto's Medical Officer of Health, Dr. Eileen DeVilla, is married to a doctor who has financial ties to two of the leading COVID-19 vaccine manufacturers. Her husband, Dr. Richard Choi, has allegedly received a large sum of money from COVID-19 vaccine manufacturers Pfizer and AstraZeneca.
- New York State issues America's first "vaccine passport" called the "Excelsior Pass." This pass will be used at various events and venues statewide. It also allows people to legally increase the size of a wedding party or other catered events.
- A new study by published by *Environmental Pollution* finds loosely attached nanoparticles and nanofibres on the inner surface of a variety of popular face masks that have the potential to be inhaled by the user. According to the University of Edinburgh, nanofibers can reach the lung cavity when inhaled and may pose a risk due to their similar shape to asbestos.
- *CBS News* featured a "nose-only" mask on their program as a safe way to eat when one takes off their primary mask.
- The province of Ontario postponed 227,000 surgeries in the first year of the pandemic response. Also, a QP Briefing reported that one million fewer cancer screenings were done in Ontario in 2020.
- Chief Public Health Officer of Canada, Dr. Theresa Tam, finally admits: "I think the tragedy and the massive lesson learned for everyone in Canada is that we were at every level, not able to protect our seniors, particularly those in long-term care homes."
- Ontario Science Table Member, David Fisman, has come under fire for a possible conflict of interest due to taking money from a teacher's union allegedly to argue against schools reopening.
- In the UK, a new Bill has eroded the right to protest. The *Police, Crime, Sentencing and Courts Bill* limits the right to protest in many ways, including: allowing police to impose a start and finish time to protests, allows police to arrest protesters who have been deemed as "annoying," sets noise limits, and outright bans protests in front of the UK Parliament.
- Muslims are now required to be vaccinated in order to go to the Great Mosque of Mecca this year.
- Google is facing a lawsuit for collecting information from users in the supposedly private browsing window "incognito mode."
- Canada's Wonderland is now the Greater Toronto

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Area's first drive-thru COVID-19 vaccination site.

- Segregation is back: American Airlines Arena will be opening up "vaccinated-only" sections for Miami Heat fans who have been fully vaccinated.
- Moderna begins their COVID-19 vaccine study in kids, age 6 months to 12-years-old. The study will assess the safety and effectiveness of the first and second dose (given *28 Days Later*) in 6750 children.
- Foreign holidays are now illegal in the UK: a new covid law means £5,000 fines for anyone leaving the UK without a "reasonable excuse."
- Music streaming platform Spotify removed a song by musician Ian Brown because the song, titled *"Little Seed Big Tree,"* was too anti-lockdown. A Spotify spokesperson claimed the song may "pose a direct threat to public health."
- Made famous early on in the pandemic by PCR testing a papaya, a goat & engine oil which all tested positive for COVID-19, Tanzanian president John Magufuli mysteriously goes missing from the public eye for weeks, then dies "of COVID," which later his cause of death was corrected to "heart disease." These events unfolded only 3 months after he was re-elected, and 1 month after his notorious January 27 speech that caused widespread criticism from the WHO and the US media.
- AstraZeneca used "outdated and potentially misleading data" that overstated the effectiveness of its vaccine, says The Data and Safety Monitoring Board in their report to the NIH.
- Farmers across Canada are protesting due to strict laws resulting in crippling costs surrounding COVID-19 migrant worker regulations.
- Bill Gates has partnered with the LA school board to implement a digital "Daily Pass." The system requires children (who have proven they don't have COVID) to be scanned into school with their own unique QR code. And per the district rules, students will also still be wearing masks, staying six feet apart from one another and getting temperature checks outside the school.
- Miss Piggy has come under fire amid demands that the popular Muppets character be pulled off the screen for "sexual harassment and domestic violence" against Kermit the frog. These allegations and calls for retirement come just one month after the Muppets were hit with an "offensive content warning" on Disney+ and made only viewable by adults.





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- Shawn Jason